## REGIONAL PLANNING CONSORTIUMS NORTH COUNTRY REGION DECEMBER STAKEHOLDER MEETING





#### REGIONAL PLANNING CONSORTIUMS GOALS FOR THIS MEETING

- Update on Medicaid Managed Care Implementation
- Review the Regional Planning Consortiums Process
- Plan/Provider Meet & Greet
- Unveil the North Country Region RPC Slates
- Breakout Groups (CBO's, Peers/Family, Hospitals & Health Systems Providers, Key Partners)
- Reconvene for Next Steps

#### NEW YORK STATE CONFERENCE OF LOCAL MENTAL HYGIENE DIRECTORS

Statewide organization – Directors of Community Services (DCS) of the 58 Local Governmental Units (LGU's) in the state.

Each county has a DCS, you may also know them as your:

**County Commissioner of Mental Health or County Mental Health Director** 

Under MHL, the County Director of Mental Health oversees, manages and plans for services and supports for adults and children with mental illness, substance use disorders and/or developmental disabilities in their LGUs.





# REGIONAL PLANNING CONSORTIUMS (UPDATE ON MEDICAID MANAGED CARE IMPLEMENTATION)

**NYS OMH** 



# REGIONAL PLANNING CONSORTIUMS (REVISIT - WHAT IS AN RPC?)

# (North Country RPC Lead, Rob York, Warren/Washington DCS)

#### **BEHAVIORAL HEALTH TRANSITION TO MEDICAID MANAGED CARE**

- Adults in Mainstream Managed Care Plans: All adult recipients who are eligible for Medicaid Managed Care will receive the full physical and behavioral health benefit through managed care.
- Children in Mainstream MCOs: Children's behavioral health services, including all six home and community based service (HCBS) waivers currently operated by OMH, DOH and OCFS, will be included in the Medicaid Managed Care benefit package in 2018.

The goals of the transition are to improve clinical and recovery outcomes for participants with SMI and/or SUDs; reduce the growth in costs through a reduction in unnecessary emergency and inpatient care; and increase network capacity to deliver community-based recovery-oriented services and supports.



## **REGIONAL PLANNING CONSORTIUM**

A Regional Planning Consortium (RPC) is a regional board populated with community-based providers, peers/family/youth, county mental health directors, regional healthcare entities and managed care companies from each region.

There will be 1 RPC in each of the 11 regions across New York State.

FOUNDATION: Each region will experience unique challenges and opportunities as the behavioral health transition to managed care occurs. These challenges require in person dialogue and collaboration to resolve.



# **RPC AUTHORITY & SUPPORT**

**AUTHORITY:** The Regional Planning Consortiums derive their authority from the CMS 1115 Waiver with New York State. The 1115 Waiver application describes to CMS how NY intends to implement the HARP program and the RPC is a component of the waiver application that was approved by CMS.

CMS considers the RPC's a necessary element in the transition to Medicaid Managed Care.

**STATE GOVERNMENT SUPPORT:** The RPC is backed by NYS DOH, NYS OMH, NYS OASAS and NYS OCFS.

**PLAN PARTICIPATION:** The State has required each MCO/HARP to participate in the RPCs.

#### **REGIONAL PLANNING CONSORTIUMS**





# **NORTH COUNTRY REGION RPC**

Franklin, Clinton, Hamilton, Essex, Warren & Washington





# **REGIONAL PLANNING CONSORTIUMS** (PURPOSE, OBJECTIVES & FUNCTION)



# **REGIONAL PLANNING CONSORTIUMS**

#### **PURPOSE & OBJECTIVES**

#### The purpose of the RPC is to:

- "The RPC will work closely with State agencies to guide behavioral health policy in the region, problem solve regional service delivery challenges, and recommend priorities for reinvestment of Medicaid savings."
- The RPC will work collaboratively to resolve issues related to access, network adequacy and quality of care occurring in the region around the behavioral health transformation agenda (specifically Medicaid Managed Care) and;
- The RPC will strengthen the regional voice when communicating concerns to the state partners and;
- The RPC will act as an information exchange and a place where people can come to get updates on the behavioral health transformation agenda.



# **RPC STRUCTURE & FUNCTION**

#### STRUCTURE: In each region, the RPC will create a board comprised of:

- county mental health directors
- community-based providers,
- peers, youth & families,
- managed care organizations in the region
- hospital and health system providers (HH Leads, FQHC's)
- state field office staff
- key partners (PHIPs, PPS, LDSS and LHD)

FUNCTION: The RPC will formulate an issues agenda, use data to inform their discussions, collaborate together and resolve the issues identified within their region. The board will come together on a quarterly basis.

ACCESS: For those not on the board, this meeting will be available to the public and via GoToWebinar beginning in 2017.



•	county mental health directors (Up to 6 reps),	1 VOTE (20%)
•	community-based providers, (Up to 6 reps),	1 VOTE (20%)
•	peers, youth & families (Up to 6 reps),	1 VOTE (20%)
•	managed care organizations in the region (Up to 6 reps)	1 VOTE (20%)
•	hospital and health system providers (Up to 6 reps)	1 VOTE (20%)
		<b>TOTAL - 5 VOTES (100%)</b>

- state field office staff (Valued Partners in each region Will advise the RPC around time-sensitive issues requiring input from NYS. (Ex-Officio, meaning non-voting)
- key partners (PHIPs, PPS, LDSS and LHD) (Up to 8 will be appointed) (non-voting)

EQUITY VOTE: Each stakeholder group's vote is equal to that of another stakeholder group. Issues requiring a vote will be determined by majority vote.



# **RPC STRUCTURE & FUNCTION**

## VOTING

Items we anticipate will need a vote:

- **1. Selecting a board Co-Chair**
- 2. Appointing the "Key Partners"
- 3. Approving previous meeting minutes
- 4. Choosing where the next meeting location will be
- 5. If there are competing priorities to bring to the Chairs Meeting in Albany, selecting which priorities will be brought to the Chairs Meeting
- THE MOST IMPORTANT ASPECT OF THE BOARD STRUCTURE IS THAT WE WILL HAVE EQUAL REPRESENTATIVE IF A VOTE IS EVER NEEDED – VOTING WILL NOT BE A KEY FOCUS ON THE DAY TO DAY BOARD ACTIVITIES
- BOARD MEMBERS WILL REPRESENT THE COLLECTIVE VIEWS OF THE RESPECTIVE STAKEHOLDERS IN THE REGION



# REGIONAL PLANNING CONSORTIUMS (RPC ELECTION MECHANICS)



**RPC ELECTION MECHANICS** 

- THE RPC BOARDS WILL BE BUILT USING A POPULAR VOTE PROCESS BY PEOPLE WHO ATTEND MEETINGS 1 OR 2. THE VOTE PROCESS IS STRUCTURED FOR CBOs, PEERS/FAMILY/YOUTH and H/HSP. KEY PARTNERS ARE APPOINTED TO THE BOARD.
- THERE IS AN OPEN NOMINATION PROCESS. PEOPLE CAN NOMINATE THEIR OWN ORGANIZATION OR OTHER ORGANIZATIONS BETWEEN THE FIRST & SECOND MEETING.
- VOTING WILL OCCUR AFTER THE SECOND MEETING, USING PAPER BALLOT or SURVEY MONKEY.



**RPC ELECTION MECHANICS** 

- ONE VOTE, PER AGENCY/ORGANIZATION. ORGANIZATIONS MUST SUBMIT THE VOTER REGISTRATION FORM TO THE RPC COORDINATOR IN ORDER TO RECEIVE A BALLOT.
- ORGANIZATIONS WILL ONLY BE VOTING FOR THEIR STAKEHOLDER GROUP (I.E. CBOS VOTE FOR CBO BOARD, HOSPITALS & HEALTH SYSTEMS VOTE FOR HOPSITALS & HEALTH SYSTEMS)
- ONLY ONE PERSON FROM EACH AGENCY MAY SERVE ON THE RPC BOARD.

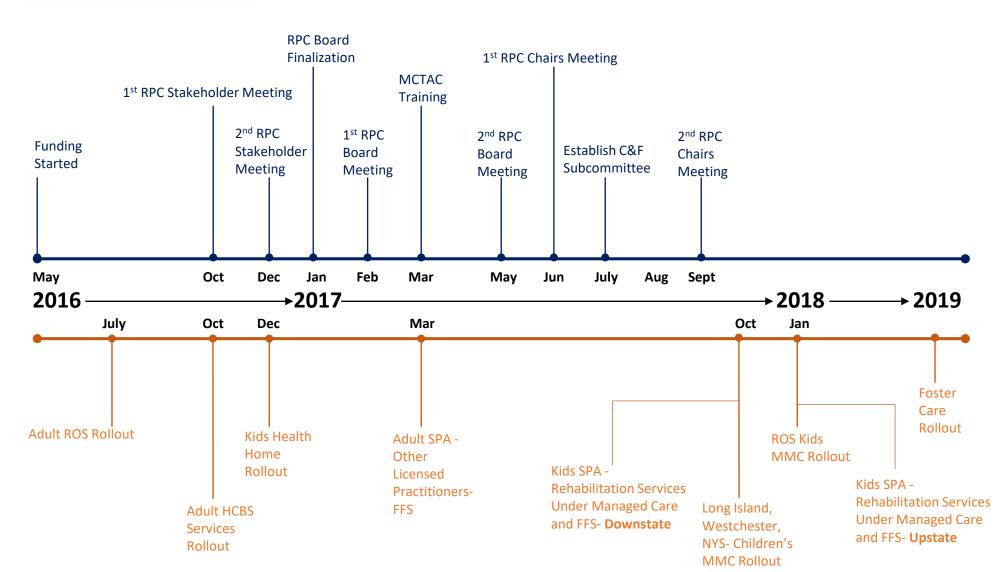


## **RPC BOARD MEMBER REQUIREMENTS**

- BOARD MEMBERS WILL SERVE 2 YEAR TERMS
- ATTEND QUARTERLY MEETINGS (IN PERSON, NO PROXY)
- BY VOLUNTEERING FOR BOARD CONSIDERATION, YOU AGREE TO REPRESENT THE COLLECTIVE VIEWS OF THE RESPECTIVE STAKEHOLDERS IN THE REGION
- BOARD MEMBERS SHOULD EXPECT TO SERVE AS AN ACCESS POINT FOR MEMBERS OF THE COMMUNITY WHO HAVE QUESTIONS OR WOULD LIKE TO BRING ISSUES TO THE ATTENTION OF THE RPC



## **RPC and State MMC Timeline**





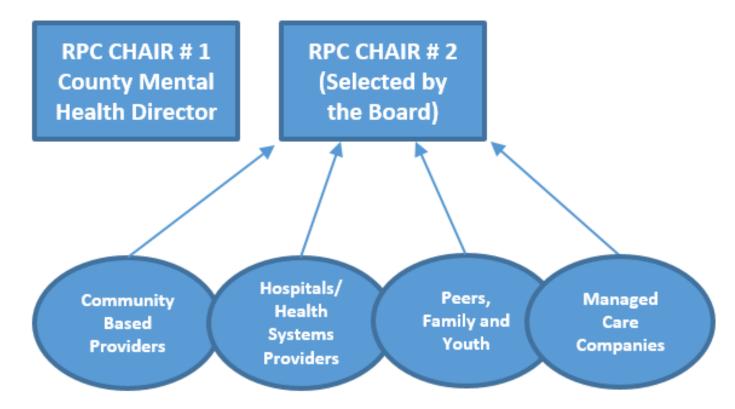
## **RPC CHAIRS MEETING**

#### (STATEWIDE MEETING: PURPOSE, FUNCTION, RESPONSIBILITY)



#### **RPC CHAIRS**

Each RPC will be co-chaired by a County Mental Health Director (DCS) and another individual selected by the board in their region, excluding the County Mental Health Directors group. The DCS is already seated, given their statutory responsibility. ROLE: The Chairs will facilitate the RPC meetings. They will also represent their RPC at RPC CHAIRS MEETINGS.





## **RPC CHAIRS MEETING**

#### PURPOSE

The purpose of the RPC Chairs Meeting is to create a collaborative dialogue between the 11 NYS RPC's and with NYS government. This forum will be used to resolve issues that cannot be resolved on the regional level.

"The RPC will work closely with State agencies to guide behavioral health policy in the region, problem solve regional service delivery challenges, and recommend priorities for reinvestment of Medicaid savings."



## **RPC CHAIRS MEETING**

# (FREQUENCY, ATTENDANCE & ACCESS)

FREQUENCY: The RPC Chairs Meeting will bring together the Co-Chairs from every region to dialogue with the state agencies on a quarterly basis.

ATTENDANCE: Leadership representatives from the Central Office(s) of NYS DOH, NYS OMH, NYS OASAS ad NYS OCFS will work together with the RPC Chairs to address and resolve issues occurring within the regions.

**ACCESS:** The Co-Chairs Meeting is an internal meeting.



# REGIONAL PLANNING CONSORTIUM (REGIONAL MEETINGS)



## **RPC MEETINGS 1 & 2**

The RPC will meet twice in 2016. The first meeting occurred in October 2016. The purpose of that meeting was to talk about the RPC and build the current slate of candidate (organizations) in each stakeholder group



At today's meeting (2) we received a status update on the Medicaid Managed Care Implementation, clarify the voting process and finalize the slate for each stakeholder group.



## RPC VOTING PROCESS TIMELINE

- DEADLINE FOR NOMINATIONS IS DECEMBER 8<sup>TH</sup>
- VOTING WILL BEGIN ON DECEMBER 15<sup>TH</sup> (VOTING PROCESS WILL LAST 1 WEEK)
- RPC BOARD ANNOUNCEMENT WILL BE MADE AT THE END OF DECEMBER
- 1<sup>ST</sup> BOARD MEETING WILL TAKE PLACE IN JANUARY 2017.



# **RPC BOARD MEETING (JANUARY 2017)**

#### **AFTER THE BOARD IS SEATED, THE BOARD WILL:**

- Select a co-chair
- Confer on appointments of key partners
  Receive training from MCTAC
- Discuss the children & families committee (only standing committee)
- Discuss forming other subcommittees and/or AD HOC groups
   (EX., JUSTICE SYSTEM, NETWORK ADEQUACY, DATA)
- Note: The children & families committee will be chaired by an RPC board member. It will be populated by child serving entities and peers/youth/families.



ONGOING RPC PARTICIPATION HOW TO HAVE YOUR VOICE HEARD

A seat on the Board is NOT the only way to participate in the RPC process. You can provide input and raise issues via 5 different ways:

- Board Co-Chairs
- Your County Mental Health Director
- Your Stakeholder Group's Board representatives
- **RPC Coordinator**
- Membership on Subcommittees and Ad Hoc Work Groups -Each Region's Board will establish Subcommittees and Ad Hoc groups to address specific areas and needs relevant to that region.



# **STAKEHOLDER MEET & GREET** (Meet & Greet)

Please use this time to network, catch up with colleagues and build new relationships. We will reconvene for Next Steps in about 15 minutes.

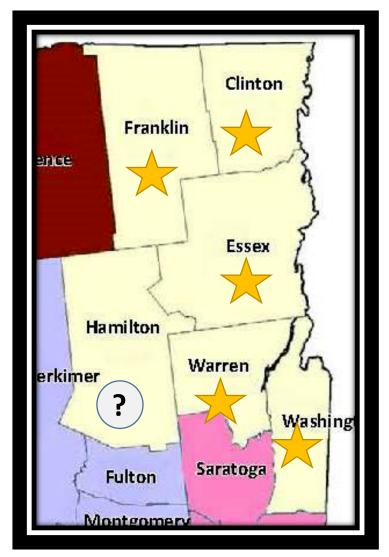


# **REGIONAL PLANNING CONSORTIUM** (RPC SLATE DEVELOPMENT)



#### **REGIONAL PLANNING CONSORTIUMS UPDATES – COMMUNITY BASED PROVIDER SLATE**

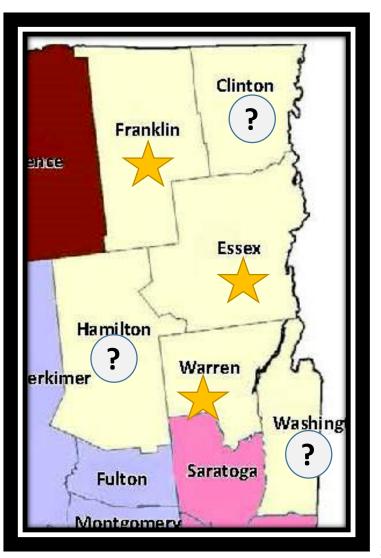
Courter					
County	Mental	Substance	Children's	Housing	
Served	Health (2)	Abuse (3)	Services (1)	(2)	HCBS (3)
Clinton	X	X		XX	XX
Essex	X	XX	X	XX	XX
Franklin	X	XX		XX	XX
Hamilton					х
					Λ
Warren	x	X			X
					N
Washington	X	X			X





#### <u>REGIONAL PLANNING CONSORTIUMS</u> UPDATES – HOSPITALS/HEALTH SYSTEMS SLATE

County Served	Health System Provider (1)	Hospital (1)	Primary Care/FQHC (1)	Health Home (1)
county served		(-)	(+)	
Clinton	x	X	X	x
Essex	X	X	x	x
Franklin		X		x
Hamilton		X	x	x
Warren			x	x
Washington			x	x





#### **REGIONAL PLANNING CONSORTIUMS UPDATES – PEERS/FAMILY/YOUTH ADVOCATE SLATE**

County of Residence	Peer Advocates (2)	Family Advocates (2)	Youth Advocates
Clinton	x	x	
Essex			
Franklin			
Hamilton			
Warren	X	X	
Washington			





# **STAKEHOLDER BREAK OUT GROUPS**

- -INTRODUCTIONS
- -FORMS
- -EXPECTATIONS OF BOARD MEMBERS
- -ELECTION PROCESS



# FOR MORE INFORMATION ABOUT THE NORTH COUNTRY REGION RPC:

#### Rob York North Country Region RPC Chair (yorkr@warrencountyny.gov)

#### Alexis Harrington North Country Region RPC Coordinator (ah@clmhd.org)

#### THIS SLIDE DECK CAN BE FOUND ON OUR WEBSITE (UNDER THE RPC TAB) www.clmhd.org